



Behavioral Health

Student Assistance Program (SAP)

Although children are affected, especially in a health emergency such as the COVID-19 pandemic, the Student Assistance Program (SAP) can help. The SAP provides a variety of services, including individual and family therapy, crisis intervention, and support groups. For more information, please contact the SAP at (909) 421-9233.

If you are concerned about your child's mental health, please contact the SAP at (909) 421-9233. The SAP is confidential and free of charge.

**Attention parents and caregivers!
Are you anxious over COVID19 too?
The San Bernardino County Dept. of
Behavioral Health (DBH) can help.**

Call the crisis line at (909) 421-9233 for immediate assistance. The SAP is confidential and free of charge.

For more information, please contact the SAP at (909) 421-9233. The SAP is confidential and free of charge.

We are available at (909) 458-1517. The SAP is confidential and free of charge.

For more information, please contact the SAP at (760) 956-2345. The SAP is confidential and free of charge.



Servicios gratuitos de salud mental durante la pandemia

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Student Assistance Program (SAP)

(SAP por sus siglas en inglés)

Aunque los sitios escolares están cerrados, los servicios esenciales de salud mental a través de SAP de sus distritos escolares todavía están disponibles por teléfono y/o sistemas de videoconferencia como FaceTime, Messenger o Skype.

Si le preocupa cómo su hijo res

¿Estás ansioso por el COVID19? El Departamento de salud mental (DBH) puede ayudar.

Llame o envíe un mensaje de texto para conectarse con personal especialmente capacitado que puede escucharlo y brindarle apoyo y recursos de salud mental. Confidencial y gratuito.

Valle Oeste (Rancho Cucamonga/Chino)
Llame (909) 4581517 | Texto (909) 5351316

Desierto
Llame (760) 9562345 | Texto (760) 7348093